

# Sri Chinmoy 10K and 4K Runs

## Category Finisher List 10 km

\* RACE PLACES ARE DETERMINED BY GUN TIME\*

Cat. Pl.	Name (Bib)	Time	Pace (min/km)
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### 10 km

#### Male Under 50

1.	Liam O'Rorke (1645)	34:50	3:28
2.	James Mason (103)	34:56	3:29
3.	Andrew Proctor (743)	35:45	3:34
4.	Sarankhuu Jargal (21)	35:57	3:35
5.	Kodi Clarkson (139)	36:09	3:36
6.	Andrew Ponsonby (990)	36:22	3:38
7.	Franck Ressiguie (1454)	38:34	3:51
8.	Ben Crabb (1632)	39:18	3:55
9.	David Liddle (1061)	39:24	3:56
10.	David Beaven (710)	39:30	3:56
11.	Derek Pontois (790)	39:46	3:58
12.	Rex Wickenden (897)	40:06	4:00
13.	Paul Glass (501)	40:09	4:00
14.	Shamsher Foley (1636)	40:13	4:01
15.	Jonathan Chan (946)	40:27	4:02
16.	Lachlan Dow (525)	40:45	4:04
17.	Aaron Shrubbs (796)	41:11	4:07
18.	Liam White (896)	42:23	4:14
19.	Steven Fanner (673)	42:48	4:16
20.	Nick Allars (1620)	42:50	4:16
21.	Lucas Crimmins (1349)	43:29	4:20
22.	James Brown (390)	44:07	4:24
23.	Dali Sulejmani-Blackwell (1660)	46:20	4:37
24.	Cory Roberts (1652)	46:57	4:41
25.	Colin Reid (930)	47:05	4:42
26.	Nathan Johnson (193)	47:15	4:43
27.	Harry Block (1625)	47:44	4:46
28.	Paul Kelly (919)	48:31	4:51
29.	Yin Shan (271)	48:51	4:53
30.	Sandeep Chandra (235)	49:05	4:54
31.	Michael Sliwinski (178)	49:29	4:56
32.	Monty Feras (1634)	49:40	4:57
33.	Henry Metcalfe (1643)	49:48	4:58
34.	Dineshkumar Palaniappan (987)	50:25	5:02
35.	David Humphrey (838)	50:28	5:02
36.	Jakov Racic (1650)	51:38	5:09
37.	Ben Clancy (1631)	52:00	5:11
38.	Sandana Arockiasamy (1622)	53:31	5:21
39.	Toby Bellwood (461)	54:08	5:24
40.	Jarrold Holst (1639)	54:51	5:29
41.	Farnham Seyedi (1175)	58:50	5:52
42.	Sudhahar Srinivasan (1656)	1:06:22	6:38

#### Male 50-59

1.	Matt Rizzuto (1651)	36:38	3:39
2.	Gareth Prosser (1648)	42:13	4:13

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3.	Darren Blackhurst (588)	43:09	4:18
4.	Mick Hanbury (184)	43:37	4:21
5.	Stephen Graham (252)	45:40	4:33
6.	Brett Storrier (701)	47:08	4:42
7.	Roberto Gaspari (476)	48:04	4:48
8.	Andrew Denny (433)	48:20	4:49
9.	Richard Honey (539)	48:32	4:51
10.	Hugh Jorgensen (378)	49:21	4:56
11.	Adam Mccarthy (556)	52:45	5:16
12.	Christopher Foley (1635)	57:51	5:47

### Male 60-69

1.	Kim Houghton (137)	47:21	4:44
2.	Colin Thomson (372)	48:40	4:51
3.	Keith Bennett (817)	50:37	5:03
4.	David Watt (1663)	53:23	5:20

### Male 70 and Over

1.	Greig McEwan (1054)	59:20	5:55
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### Female Under 50

1.	Jordan Anderton (1621)	46:18	4:37
2.	Rowena Woods (462)	46:46	4:40
3.	Yolanda Lovie-Toon (1049)	48:42	4:52
4.	Frederike Stock (572)	49:39	4:57
5.	Chloe Hanbury (1082)	49:57	4:59
6.	Zoe Redmond (1016)	50:04	5:00
7.	Kathryn Sliwinski (1457)	50:11	5:01
8.	Magali Rozborski (1654)	50:49	5:04
9.	Aline Pottier (1647)	50:50	5:04
10.	Marlo Perry (167)	51:53	5:11
11.	Mia Jones (1378)	52:08	5:12
12.	Anna Newton-Walters (1395)	52:15	5:13
13.	Jo Park (1646)	52:36	5:15
14.	Jo Purcell (1649)	53:29	5:20
15.	Lorena Blacklock (1624)	53:31	5:21
16.	Maria Giannasca (468)	53:33	5:21
17.	Kim Vine (1662)	55:29	5:32
18.	Ivonne Nathan (331)	55:33	5:33
19.	Sarah Hernandez (1577)	55:57	5:35
20.	Lyndall Goss (775)	59:23	5:56
21.	Teah Fogarty (966)	59:45	5:58
22.	Cat Tonkin (704)	1:03:59	6:23
23.	Victoria Beahan (1066)	1:10:05	7:00
24.	Fiona Mcrobie (1642)	1:10:37	7:03
25.	Belinda Miller (1450)	1:11:10	7:06
26.	Elise Roberts (1653)	1:12:59	7:17

### Female 50-59

1.	Gabrielle Brown (942)	51:01	5:06
2.	Debra Kay (780)	51:21	5:08
3.	Lynne Hanbury (159)	56:20	5:37
4.	Sarah Boyd (1023)	59:50	5:58

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Cat. Pl.	Name (Bib)	Time	Pace (min/km)
5.	Tomoko Sugino (1051)	1:06:20	6:37
6.	Mia Horrigan (1444)	1:15:09	7:30

### Female 60-69

1.	Elizabeth Simpson (81)	48:54	4:53
2.	Jennifer Kellett (352)	51:18	5:07
3.	Clare Wall (575)	51:41	5:10
4.	Maria O'Reilly (1644)	55:53	5:35
5.	Judith Bibo (119)	1:10:53	7:05
6.	Judith Norris (738)	1:12:51	7:17

Number of records: 97