

Sri Chinmoy Christmas Trip Races

RACE 4: THE CAPE TOWN 10 (10 K RACE) Friday 1st JANUARY 2021



**SRI CHINMOY
MARATHON TEAM**



Run and Become
www.runandbecome.com

WINNERS						
RANK	FIRST NAME	SURNAME	Country	Time	M/F	AGE
Women Under 50						
1	Enikő	Sóron	Hungary	00:45:50	Female	30
2	Dhaval	Stott	Great Britain	00:46:12	Female	43
3	Jana	Duskova	Great Britain	00:48:57	Female	39
4	Ilvaka	Nemcova	Czech	00:49:35	Female	39
5	Tirtha	Voelckner	Germany	00:53:24	Female	49
6	Eva	Paradise	Czech	00:54:38	Female	35
7	Stacey	Marsh	Australia	00:55:31	Female	43
Men Under 50						
1	Sadanand	Magee	Ireland	00:35:47	Male	36
2	Abhinabha	Tangerman	Netherlands	00:37:01	Male	43
3	Sarankhuu	Jargal	Mongolia	00:37:47	Male	27
4	Samalya	SchÄ#fer	Germany	00:38:27	Male	37
5	Milan	Javornicky	Czech	00:45:32	Male	46
6	Robi	Benedek	Hungary	00:45:34	Male	27
7	Lukas	Ineichen	Switzerland	00:47:11	Male	36
Women Vet 50						
1	Tsetsegdelger	Lkhamsuren	Mongolia	00:52:40	Female	57
2	Suparna	Pustogowa	Germany	00:54:32	Female	56
3	Susan	Sihvola	Germany	00:56:17	Female	52
Men Vet 50						
1	Garga	Chamberlain	Great Britain	00:40:22	Male	52
2	Suswara	Payne	Great Britain	00:41:38	Male	50
3	Pramodan	Gmeiner	Germany	00:47:41	Male	51
Women Vet 60						
1	Purevsuren	Shirendev	Mongolia	00:53:20	Female	64
2	Sukhada	Korshunova	Russia	00:57:06	Female	60
Men Vet 60						
1	Laurence	Duffy	Great Britain	00:39:42	Male	60
2	David	Brewin	Great Britain	00:46:31	Male	64
Women Vet 70						
1	Karnayati	Morison	Canada	01:05:03	Female	74
Men Vet 70						
1	Odgiv	Jadambaa	Mongolia	01:42:44	Male	71

ALL RESULTS BELOW

RESULTS

RANK	FIRST NAME	SURNAME	COUNTRY	TIME	M/F	AGE	CATEGORY	CAT. POS.
1	Sadanand	Magee	Ireland	00:35:47	Male	36	M U/50	1
2	Abhinabha	Tangerman	Netherlands	00:37:01	Male	43	M U/50	2
3	Sarankhuu	Jargal	Mongolia	00:37:47	Male	27	M U/50	3
4	Samalya	SchÄ#fer	Germany	00:38:27	Male	37	M U/50	4
5	Laurence	Duffy	Great Britain	00:39:42	Male	60	M V60	1
6	Garga	Chamberlain	Great Britain	00:40:22	Male	52	M V50	1
7	Suswara	Payne	Great Britain	00:41:38	Male	50	M V50	2
8	Milan	Javornicky	Czech	00:45:32	Male	46	M U/50	5
9	Robi	Benedek	Hungary	00:45:34	Male	27	M U/50	6
10	Enikő	Sóron	Hungary	00:45:50	Female	30	W U/50	1
11	Dhaval	Stott	Great Britain	00:46:12	Female	43	W U/50	2
12	David	Brewin	Great Britain	00:46:31	Male	64	M V60	2

13	Lukas	Ineichen	Switzerland	00:47:11	Male	36	M U/50	7
14	Pramodan	Gmeiner	Germany	00:47:41	Male	51	M V50	3
15	Prachar	Stegemann	Australia	00:48:13	Male	59	M V50	4
16	Jana	Duskova	Great Britain	00:48:57	Female	39	W U/50	3
17	Ilvaka	Nemcova	Czech	00:49:35	Female	39	W U/50	4
18	Damdinjav	Dorjsuren	Mongolia	00:50:00	Male	61	M V60	3
19	Yatkara	Aleksapolskyy	Canada	00:50:24	Male	45	M U/50	8
20	Kanala	Auer	Austria	00:50:27	Male	64	M V60	4
21	Budjargal	Byambaa	Mongolia	00:51:03	Male	38	M U/50	9
22	Gianluca	Marangon	Ireland	00:51:49	Male	23	M U/50	10
23	Vlada	Lepic	Czech	00:52:34	Male	45	M U/50	11
24	Tsetsegdelger	Lkhamsuren	Mongolia	00:52:40	Female	57	W V50	1
25	Purevsuren	Shirendev	Mongolia	00:53:20	Female	64	W V60	1
26	Tirtha	Voelckner	Germany	00:53:24	Female	49	W U/50	5
27	Suparna	Pustogowa	Germany	00:54:32	Female	56	W V50	2
28	Eva	Paradise	Czech	00:54:38	Female	35	W U/50	6
29	Stacey	Marsh	Australia	00:55:31	Female	43	W U/50	7
30	Sulabha	Wisniewski	Canada	00:56:17	Male	60	M V60	5
31	Susan	Sihvola	Germany	00:56:17	Female	52	W V50	3
32	Giancarlo	Solinas	Italy	00:56:40	Male	58	M V50	5
33	Nicola	Barato	Italy	00:56:43	Male	58	M V50	6
34	Danica	Cernakova	Slovakia	00:56:54	Female	45	W U/50	8
35	Lorenzo	Balsemin	Italy	00:56:56	Male	30	M U/50	12
36	Sukhada	Korshunova	Russia	00:57:06	Female	60	W V60	2
37	Viharin	Rosa	Czech	00:57:30	Male	48	M U/50	13
38	Pranayani	Schuringa	Netherlands	00:58:44	Female	46	W U/50	9
39	Adrian Tarit	Stott	Great Britain	00:59:30	Male	66	M V60	6
40	Deemanta	Benedek	Hungary	01:00:43	Female	51	W V50	4
41	Oyungerel	Seded	Mongolia	01:03:00	Female	51	W V50	5
42	Varenya	Gagova	Bulgaria	01:03:28	Female	39	W U/50	10
43	Tungalag	Serj	Mongolia	01:03:39	Female	62	W V60	3
44	Patricia	Daxner	Germany	01:03:57	Female	33	W U/50	11
45	Nurari	Merry	Great Britain	01:04:10	Female	49	W U/50	12
46	Purupriya	Dolinar	Slovenia	01:04:55	Female	38	W U/50	13
47	Karnayati	Morison	Canada	01:05:03	Female	74	W V70	1
48	Harashita	Sunaoshi	Japan	01:06:00	Female	53	W V50	6
49	VASUDHA	DEMING	USA	01:06:58	Female	54	W V50	7
50	Veeraja	Uppal	Australia	01:07:28	Male	52	M V50	7
51	Hana	Lepicova	Czech	01:07:36	Female	46	W U/50	14
52	Teréz	Papp	Hungary	01:07:54	Female	60	W V60	4
53	Gan-Erdene	Ganbat	Mongolia	01:07:56	Female	34	W U/50	15
54	Zuzka	Rybko	Czech	01:08:00	Female	43	W U/50	16
55	Garima	Hoffmann	USA	01:08:04	Female	72	W V70	2
56	Samviraja	Gori	Italy	01:08:40	Female	48	W U/50	17
57	Batzaya	Purev	Mongolia	01:09:13	Female	41	W U/50	18
58	Aruna	Pohland	Germany	01:09:56	Female	44	W U/50	19
59	Rupasi	Young	USA	01:10:00	Female	57	W V50	8
60	Nha	Nguyen	Ireland	01:11:01	Female	32	W U/50	20
61	Dejan	Despotovic	Serbia	01:11:38	Male	44	M U/50	14
62	Kanyaka	Arini	Indonesia	01:11:48	Female	41	W U/50	21
63	Raktima	Takács	Hungary	01:12:01	Female	53	W V50	9
64	Pataka	Spacek	Czech	01:13:05	Male	48	M U/50	15
65	Simone	Tomé	Portugal	01:15:08	Female	50	W V50	10
66	Niyojita	Purevsuren	Mongolia	01:16:08	Female	50	W V50	11

67	Kokila	Chamberlain	Great Britain	01:17:51	Female	53	WV50	12
68	Bolormaa	Munkhdorj	Mongolia	01:18:34	Female	39	WU/50	22
69	Harkara	Germany	Germany	01:19:40	Male	53	MV50	8
70	Kristina	Kolompar	Serbia	01:22:48	Female	43	WU/50	23
71	Manini	Nguyen	USA	01:22:56	Female	43	WU/50	24
72	Brahmata	Michael	Canada	01:23:47	Female	33	WU/50	25
73	Pushparani	Piner	Canada	01:23:47	Female	48	WU/50	26
74	Sharani	Robins	USA	01:26:03	Female	60	WV60	5
75	Tsetsegmaa	Ishjamts	Mongolia	01:30:44	Female	61	WV60	6
76	Indrani	MEHTA	Great Britain	01:31:47	Female	74	WV70	3
77	Tuvijata	Puskas	Hungary	01:33:54	Male	47	MU/50	16
78	Tavishi	Matthews	Australia	01:37:10	Female	56	WV50	13
79	Odgiiv	Jadambaa	Mongolia	01:42:44	Male	71	MV70	1
80	Padmanandana	Marek	Australia	01:45:04	Male	67	MV60	7
81	adhiratha	keefe	USA	01:47:47	Male	73	MV70	2
82	Ravipriya	Kalat	USA	01:53:06	Female	63	WV60	7