

No	Name	Lap Time	Lap	Time of Day	Cumulative Race Time	Milestone Distance	Milestone Time	Average Speed	Extra Final Lap Distance	Total
21	Phil Essam	0:03:24	1	10:06:45	00:03:24			7.06		
21	24H M50-59	0:03:41	2	10:10:26	00:07:05			6.52		
21		0:03:53	3	10:14:19	00:10:58			6.18		
21		0:03:43	4	10:18:02	00:14:41			6.46		
21		0:03:48	5	10:21:50	00:18:29			6.32		
21		0:03:56	6	10:25:46	00:22:25			6.1		
21		0:03:52	7	10:29:38	00:26:17			6.21		
21		0:03:57	8	10:33:35	00:30:14			6.08		
21		0:03:57	9	10:37:32	00:34:11			6.08		
21		0:03:58	10	10:41:30	00:38:09			6.05		
21		0:03:52	11	10:45:22	00:42:01			6.21		
21		0:03:51	12	10:49:13	00:45:52			6.23		
21		0:03:55	13	10:53:08	00:49:47			6.13		
21		0:03:46	14	10:56:54	00:53:33			6.37		
21		0:03:49	15	11:00:43	00:57:22			6.29		
21		0:03:48	16	11:04:31	01:01:10			6.32		
21		0:03:52	17	11:08:23	01:05:02			6.21		
21		0:03:55	18	11:12:18	01:08:57			6.13		
21		0:03:48	19	11:16:06	01:12:45			6.32		
21		0:03:56	20	11:20:02	01:16:41			6.1		
21		0:03:43	21	11:23:45	01:20:24			6.46		
21		0:03:58	22	11:27:43	01:24:22			6.05		
21		0:03:56	23	11:31:39	01:28:18			6.1		
21		0:04:45	24	11:36:24	01:33:03			5.05		
21		0:03:44	25	11:40:08	01:36:47			6.43		
21		0:03:47	26	11:43:55	01:40:34			6.34		
21		0:03:55	27	11:47:50	01:44:29			6.13		
21		0:03:52	28	11:51:42	01:48:21			6.21		
21		0:03:53	29	11:55:35	01:52:14			6.18		
21		0:03:52	30	11:59:27	01:56:06			6.21		

21		0:03:53	31	12:03:20	01:59:59			6.18		
21		0:03:56	32	12:07:16	02:03:55			6.1		
21		0:03:49	33	12:11:05	02:07:44			6.29		
21		0:03:47	34	12:14:52	02:11:31			6.34		
21		0:03:47	35	12:18:39	02:15:18			6.34		
21		0:03:55	36	12:22:34	02:19:13			6.13		
21		0:03:49	37	12:26:23	02:23:02			6.29		
21		0:04:08	38	12:30:31	02:27:10			5.81		
21		0:05:03	39	12:35:34	02:32:13			4.75		
21		0:03:52	40	12:39:26	02:36:05			6.21		
21		0:03:54	41	12:43:20	02:39:59			6.15		
21		0:03:54	42	12:47:14	02:43:53			6.15		
21		0:03:51	43	12:51:05	02:47:44			6.23		
21		0:03:54	44	12:54:59	02:51:38			6.15		
21		0:03:49	45	12:58:48	02:55:27			6.29		
21		0:03:47	46	13:02:35	02:59:14			6.34		
21		0:04:01	47	13:06:36	03:03:15			5.98		
21		0:04:04	48	13:10:40	03:07:19			5.9		
21		0:04:00	49	13:14:40	03:11:19			6		
21		0:03:57	50	13:18:37	03:15:16			6.08		
21		0:04:06	51	13:22:43	03:19:22			5.85		
21		0:03:56	52	13:26:39	03:23:18			6.1		
21		0:03:58	53	13:30:37	03:27:16			6.05		
21		0:04:00	54	13:34:37	03:31:16			6		
21		0:03:59	55	13:38:36	03:35:15			6.03		
21		0:04:04	56	13:42:40	03:39:19			5.9		
21		0:03:55	57	13:46:35	03:43:14			6.13		
21		0:04:01	58	13:50:36	03:47:15			5.98		
21		0:03:51	59	13:54:27	03:51:06			6.23		
21		0:03:57	60	13:58:24	03:55:03			6.08		
21		0:03:56	61	14:02:20	03:58:59			6.1		
21		0:04:01	62	14:06:21	04:03:00			5.98		
21		0:04:03	63	14:10:24	04:07:03			5.93		

21		0:04:01	64	14:14:25	04:11:04			5.98		
21		0:04:04	65	14:18:29	04:15:08			5.9		
21		0:04:05	66	14:22:34	04:19:13			5.88		
21		0:04:08	67	14:26:42	04:23:21			5.81		
21		0:04:06	68	14:30:48	04:27:27			5.85		
21		0:04:08	69	14:34:56	04:31:35			5.81		
21		0:04:08	70	14:39:04	04:35:43			5.81		
21		0:04:07	71	14:43:11	04:39:50			5.83		
21		0:03:58	72	14:47:09	04:43:48			6.05		
21		0:04:07	73	14:51:16	04:47:55			5.83		
21		0:05:26	74	14:56:42	04:53:21			4.42		
21		0:04:08	75	15:00:50	04:57:29			5.81		
21		0:03:54	76	15:04:44	05:01:23			6.15		
21		0:03:51	77	15:08:35	05:05:14			6.23		
21		0:04:12	78	15:12:47	05:09:26			5.71		
21		0:03:42	79	15:16:29	05:13:08			6.49		
21		0:03:40	80	15:20:09	05:16:48			6.55		
21		0:03:52	81	15:24:01	05:20:40			6.21		
21		0:03:44	82	15:27:45	05:24:24			6.43		
21		0:03:39	83	15:31:24	05:28:03			6.58		
21		0:03:42	84	15:35:06	05:31:45			6.49		
21		0:03:49	85	15:38:55	05:35:34			6.29		
21		0:03:49	86	15:42:44	05:39:23			6.29		
21		0:03:55	87	15:46:39	05:43:18			6.13		
21		0:03:49	88	15:50:28	05:47:07			6.29		
21		0:03:52	89	15:54:20	05:50:59			6.21		
21		0:03:51	90	15:58:11	05:54:50	36km	6 Hour	6.23		
21		0:05:13	91	16:03:24	06:00:03			4.6		
21		0:03:58	92	16:07:22	06:04:01			6.05		
21		0:03:51	93	16:11:13	06:07:52			6.23		
21		0:04:02	94	16:15:15	06:11:54			5.95		
21		0:04:15	95	16:19:30	06:16:09			5.65		
21		0:04:06	96	16:23:36	06:20:15			5.85		

21		0:04:10	97	16:27:46	06:24:25			5.76		
21		0:04:08	98	16:31:54	06:28:33			5.81		
21		0:03:53	99	16:35:47	06:32:26			6.18		
21		0:04:01	100	16:39:48	06:36:27			5.98		
21		0:03:52	101	16:43:40	06:40:19			6.21		
21		0:03:57	102	16:47:37	06:44:16			6.08		
21		0:03:54	103	16:51:31	06:48:10			6.15		
21		0:03:50	104	16:55:21	06:52:00			6.26		
21		0:03:54	105	16:59:15	06:55:54	Marathon Lap	06:58:10	6.15		
21		0:04:02	106	17:03:17	06:59:56			5.95		
21		0:30:29	107	17:33:46	07:30:25			0.79		
21		0:05:40	108	17:39:26	07:36:05			4.24		
21		0:05:32	109	17:44:58	07:41:37			4.34		
21		0:06:00	110	17:50:58	07:47:37			4		
21		0:11:13	111	18:02:11	07:58:50			2.14		
21		0:05:03	112	18:07:14	08:03:53			4.75		
21		0:05:05	113	18:12:19	08:08:58			4.72		
21		0:05:48	114	18:18:07	08:14:46			4.14		
21		0:05:39	115	18:23:46	08:20:25			4.25		46000