

Sri Chinmoy Iron Cove 8 km Run

Iron Cove, Lilyfield : 16 Oct 2011

139 Runners

Male Under 50 : 44 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	411	Roussos Alexopoulos	29:02	
2	413	Paul Case	29:05	0:03
3	456	Greg Greene	29:06	0:04
4	406	Miles Waring	30:22	1:20
5	454	Daniel De Silva	31:38	2:36
6	427	Andrew Hannan	31:48	2:46
7	419	Guillaume Malaubier	32:00	2:58
8	447	Anthony Miller	32:47	3:45
9	405	David Warrell	33:14	4:12
10	448	Theo Hastings	34:35	5:33
11	445	Joel Putnam	35:22	6:20
12	418	Brett Williamson	35:48	6:46
13	457	Nick McCouat	36:53	7:51
14	436	Richard Scolyer	37:15	8:13
15	443	Hamish Wallace	37:20	8:18
16	440	Ian Burgher	38:10	9:08
17	435	Craig Hollis	38:35	9:33
18	444	Jason Lamble	38:43	9:41
19	410	Trent Smith	39:18	10:16
20	446	frank Hidvegi	39:38	10:36
21	452	Pears Brad	39:55	10:53
22	409	Brad Louis	39:57	10:55
23	417	Rohan Brown	40:18	11:16
24	449	Anthony Wallace	40:22	11:20
25	403	Andy Reynolds	40:35	11:33
26	425	Gino Espinosa	41:33	12:31
27	402	Josh Franklin	41:50	12:48
28	415	Trevor Madden	42:00	12:58
29	455	Hans De Vriese	42:56	13:54
30	453	Troy Smith	43:08	14:06
31	450	Tristan McWilliam	43:10	14:08
32	458	Chris Fraser	43:40	14:38
33	414	Gavin Le Roux	44:04	15:02
34	420	Brian Bowman	44:33	15:31
35	422	Paul Ortiz	45:06	16:04
36	412	Darren Watters	45:43	16:41
37	437	Alex Gould	46:18	17:16
38	424	Curtis Jackson	46:22	17:20

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3 9	451	Troy Thompson	47:02	18:00	
4 0	459	Michael Pavli	47:12	18:10	
4 1	426	Anthony Pappalardo	47:44	18:42	
4 2	428	Thomas James Hagen	54:57	25:55	
4 3	416	Kieran Curtis	58:00	28:58	
4 4	423	Christopher Skulte	1:00:27	31:25	

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Male 50-59 : 12 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	551	Keith Bateman	27:47	
2	549	Brian Radburn	34:54	7:07
3	545	Mark Harvey	36:00	8:13
4	541	Stephen Mifsud	36:03	8:16
5	546	David Riches	36:57	9:10
6	556	Mark Everton	37:31	9:44
7	548	Walter Helfensdorfer	38:40	10:53
8	552	Terry Rose	43:17	15:30
9	547	Eddy Ortiz	44:36	16:49
10	542	Steve Reynolds	47:07	19:20
11	544	Paul Mitchell	56:01	28:14
12	553	John Saywell	1:10:53	43:06

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Male 60-69 : 3 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	573	Elwyn Elms	40:47		
2	572	Robert Amery	43:46	2:59	
3	571	Christopher Maxwell	44:56	4:09	

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Male 70+ : 2 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	592	Edward McMaster	55:40		
2	591	Jim Beisty	55:59	0:19	

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Female Under 50 : 70 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	617	Isabelle Crouche	33:08	
2	607	Sarah Josephsen	36:55	3:47
3	629	Nicole Williamson	37:03	3:55
4	637	Tracey O'Donnell	37:37	4:29
5	653	Camila Perez	38:49	5:41
6	609	Kathryn Weiher	38:56	5:48
7	683	Rachida Ouyse	39:14	6:06
8	670	Kath Vaughan-Davies	39:16	6:08
9	673	Kathryn Bolitho	39:40	6:32
10	606	Anneliese McDowell	39:45	6:37
11	665	Kristin Vaughan	39:59	6:51
12	681	Elouise Sarka	40:11	7:03
13	625	Amanda Groves	40:15	7:07
14	644	Natasha De Silva	40:24	7:16
15	632	Georgia Watson	40:27	7:19
16	608	Jaimee Rogers	41:19	8:11
17	686	Amy Griffiths	42:03	8:55
18	636	Zoe Little	42:52	9:44
19	645	Melanie Kreshl	42:54	9:46
20	604	Marisa Guber	42:58	9:50
21	678	Sofia Hakanson	43:04	9:56
22	651	Emma Stevenson	44:45	11:37
23	662	Alice Huang	44:49	11:41
24	630	Lici Inge	44:51	11:43
25	616	Jo Luke	44:53	11:45
26	631	Peggy Huang	45:03	11:55
27	646	Kirsty McIntyre	45:47	12:39
28	639	Alexandra Colquhoun	45:49	12:41
29	685	Nicola Sankie	45:55	12:47
30	624	Helena Malinowska	46:04	12:56
31	655	Lauren Stewart	46:13	13:05
32	650	Renee Stevenson	46:20	13:12
33	633	Claire Low	46:27	13:19
34	621	Kirsten Coupland	46:29	13:21
35	677	Tara Black	46:31	13:23
36	666	Meyke Haruman	46:37	13:29
37	657	Josie Ryan	46:40	13:32
38	627	Rose MacMahon	46:49	13:41

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3 9	679	Emma Thompson	47:04	13:56	
4 0	628	Mia MacMahon	47:15	14:07	
4 1	623	Stacy Gurrie	47:41	14:33	
4 2	638	Christina Cleaver	47:47	14:39	
4 3	622	Jane Greenop	47:50	14:42	
4 4	675	Kim Wright	48:08	15:00	
4 5	611	Joanne Bennion	48:11	15:03	
4 6	618	Yasmin Lovison	48:16	15:08	
4 7	647	Yvonne Atkinson	48:32	15:24	
4 8	640	Julie Smith	48:35	15:27	
4 9	676	Helen Giannakis	48:50	15:42	
5 0	652	Monique Stevenson	48:56	15:48	
5 1	615	Natasha Caristo	49:06	15:58	
5 2	626	Miranda King	50:00	16:52	
5 3	642	Eithne Frahill	50:32	17:24	
5 4	674	Sandra Bogun	50:41	17:33	
5 5	682	Kath Roach	51:29	18:21	
5 6	641	Kathy Lyon	52:26	19:18	
5 7	602	Frankie Morgan	52:36	19:28	
5 8	648	Adriana Zabala	52:43	19:35	
5 9	656	Mary Botto	53:04	19:56	
6 0	601	Natalie Simmonds	54:18	21:10	
6 1	654	Ivonne Lienau	54:59	21:51	
6 2	671	Suzanne Quirke	55:47	22:39	
6 3	610	Sally Undewood	56:10	23:02	
6 4	680	Tracy Hancock	57:32	24:24	
6 5	612	Liz Quinn	57:59	24:51	
6 6	643	Victoria Nock	58:05	24:57	
6 7	649	Jenna Mayhew	58:09	25:01	
6 8	634	Kim Starr	58:11	25:03	
6 9	620	Jennifer Rigg	58:28	25:20	
7 0	684	Belinda Lyone	59:11	26:03	

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Female 50-59 : 7 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	777	Grace Stone	38:59		
2	780	Jan Swinhoe	43:13	4:14	
3	778	Manda Gressier	47:21	8:22	
4	783	Helen Butler	48:21	9:22	
5	782	Annette Black	49:36	10:37	
6	781	Jaye Chadwick	49:50	10:51	
7	779	Keran Delbridge	53:34	14:35	

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Female 60-69 : 1 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	791	Renee Reynolds	48:23	