

Sri Chinmoy Iron Cove 8 km Run

Iron Cove, Lilyfield : 22 May 2011

179 Runners

Male Under 50 : 79 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	486	Greg Greene	28:53	
2	470	Gary Wayne Mullins	29:46	0:53
3	472	Shaun Malligan	30:10	1:17
4	450	Daniel Lorenzotti	30:20	1:27
5	467	Hamish Wallace	31:09	2:16
6	493	Jonathon Heron	31:26	2:33
7	490	Dan Colquhoun	31:32	2:39
8	435	Roussos Alexopoulos	31:40	2:47
9	434	Shaun Hardy	31:50	2:57
10	484	David Andrew Taylor	32:23	3:30
11	441	Peter Brotherhood	33:44	4:51
12	491	Rodger Shanahan	34:17	5:24
13	471	Christopher Gordon	34:28	5:35
14	480	Theo Hastings	34:30	5:37
15	415	David Butler	34:35	5:42
16	488	Daniel Galea	34:39	5:46
17	462	Adam Yu	35:11	6:18
18	416	Bruce Bickerton	35:20	6:27
19	451	David Boak	36:09	7:16
20	444	Andrew West	36:45	7:52
21	479	Tony Nurick	37:13	8:20
22	459	Craig Hollis	37:15	8:22
23	456	Kev Aldjian	37:37	8:44
24	473	Anthony Wallace	38:10	9:17
25	481	Dean Watkins	38:28	9:35
26	410	Paul Anderson	38:31	9:38
27	446	Paul Maynard	38:35	9:42
28	477	Andrew Wills	39:01	10:08
29	458	Lance Redpath	39:04	10:11
30	417	Rohan Brown	39:08	10:15
31	436	Michael Luca	39:16	10:23
32	429	Brad Pears	39:18	10:25
33	430	Trent Smith	39:32	10:39
34	443	Jim Hickey	40:02	11:09
35	482	Luke Gearv	40:05	11:12
36	483	Adam Aduckiewicz	40:26	11:33
37	437	Craig Layton	40:40	11:47
38	468	Jason Lamble	40:45	11:52

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39	442	Damon Woolley	40:47	11:54	
40	419	Benjamin Menzies	40:53	12:00	
41	408	Art King - Macklin	40:56	12:03	
42	405	Timothy Rosser	41:02	12:09	
43	475	Faycal Benabdellaziz	41:07	12:14	
44	418	Brendan Wilde	41:11	12:18	
45	428	Troy Smith	41:28	12:35	
46	445	Luke Beebe	42:11	13:18	
47	448	Lachlan Cole	42:17	13:24	
48	494	Dineish Nallainathan	42:45	13:52	
49	492	Adam Grono	42:48	13:55	
50	411	Gabriel Burnett	42:50	13:57	
51	402	Steven Hickey	43:00	14:07	
52	449	Adam Denison	43:44	14:51	
53	407	Martin Geach	43:49	14:56	
54	422	Aaron Morris	43:57	15:04	
55	489	Jim Mackay	44:15	15:22	
56	474	James Mesiti	44:17	15:24	
57	461	Alex Gould	44:39	15:46	
58	432	Gavin Le Roux	44:40	15:47	
59	412	Neil Kumar	45:15	16:22	
60	420	James Halliday	45:17	16:24	
61	425	Gino Espinosa	45:27	16:34	
62	406	Nathan Jelks	45:51	16:58	
63	413	Ed Love	45:59	17:06	
64	469	Charmian Seil	46:27	17:34	
65	476	Jappe Woutens	46:48	17:55	
66	452	Mark Stephan	47:05	18:12	
67	421	Peter Flanagan	47:39	18:46	
68	478	Andrew Ward	48:29	19:36	
69	427	Chris Stanley	48:41	19:48	
70	454	Tony Boyadjian	48:52	19:59	
71	426	Jason Ince	49:33	20:40	
72	439	Jack Bregenhøj	50:44	21:51	
73	487	Gilbert Gaddy	51:08	22:15	
74	440	Alexander Thorndike	51:10	22:17	
75	424	Anthony Pappalardo	51:30	22:37	
76	438	Mark Bregenhøj	54:18	25:25	
77	455	Vic Aldjian	56:03	27:10	
78	485	Matthew Hawkins	56:47	27:54	



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79 423 Ian Charlesworth

58:25

29:32

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Male 50-59 : 10 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	545	David Riches	30:47	
2	551	Sean Mcelduff	35:29	4:42
3	541	Mark Harvey	35:45	4:58
4	550	Bruce Flaherty	36:50	6:03
5	547	Stephen Durante	37:45	6:58
6	549	Graham Harrison	38:44	7:57
7	546	Thomas Martin	39:24	8:37
8	544	Ken McIlwain	40:32	9:45
9	552	Richard Lord	46:42	15:55
10	543	Mark Righini	50:38	19:51

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Male 60-69 : 3 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	572	Jim Josephsen	42:56		
2	575	Michael Foster	44:31	1:35	
3	574	Tom Kramer	49:27	6:31	

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Male 70+ : 1 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	591	Edward McMaster	58:59	

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Female Under 50 : 78 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	688	Nataliya Herington	32:44	
2	655	Elmarie O'Regan	33:13	0:29
3	637	Eileen Cantwell	34:08	1:24
4	616	Emma Parker	34:25	1:41
5	615	Sarah Josephsen	34:41	1:57
6	617	Caitlin Bickerton	35:17	2:33
7	676	Natalie Malligan	35:35	2:51
8	627	Laura Stott	39:26	6:42
9	613	Sarah Howarth	39:35	6:51
10	680	Katherine Thomson	39:55	7:11
11	638	Sharon Bousfield	40:15	7:31
12	686	Diana French	40:37	7:53
13	623	Catherine Boland	41:24	8:40
14	634	Emma McMahon	41:30	8:46
15	689	Danielle Galea	41:36	8:52
16	693	Edwina Neyland	41:39	8:55
17	619	Denise Coult	42:53	10:09
18	604	Donna Spon-Smith	43:02	10:18
19	603	Carly Davies	43:05	10:21
20	651	Jacky Wilkes	43:07	10:23
21	677	Clare Powell	43:13	10:29
22	643	Melissa Bregenhoj	43:46	11:02
23	629	Rebecca Causer	43:50	11:06
24	649	Nichola Saminather	43:55	11:11
25	653	Andy Aronstan	43:58	11:14
26	626	Angela Ridgway	44:09	11:25
27	605	Belinda Summerville	44:20	11:36
28	606	Louise Lawrence	44:22	11:38
29	682	Megan Way	44:35	11:51
30	610	Lisa Cooper	44:43	11:59
31	630	Fran Corrigan	44:49	12:05
32	609	Leigh Hadley	45:53	13:09
33	678	Mayumi Onoda	45:55	13:11
34	687	Juliet McAlinden	46:11	13:27
35	607	Veronica Porras	46:36	13:52
36	652	Anne McDougall	46:53	14:09
37	636	Amanda Davies	46:56	14:12
38	635	Kate Dale	47:01	14:17

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39	618	Eithne Frahill	47:03	14:19	
40	611	Kerrin D'arcy	47:07	14:23	
41	661	Josie Ryan	47:08	14:24	
42	625	Samantha Hill	47:12	14:28	
43	659	Argy Asimakoula	47:25	14:41	
44	658	Jasmine Wallis	47:27	14:43	
45	612	Stacy Gurrie	48:11	15:27	
46	679	Florence Schanzer	48:14	15:30	
47	656	Leone Joice	48:18	15:34	
48	624	Tracy Howells	49:15	16:31	
49	691	Meg Redwin	49:21	16:37	
50	641	Karen Egan	49:31	16:47	
51	654	Allison Gibb	49:36	16:52	
52	631	Megan Ford	49:51	17:07	
53	683	Kelsie Allan	49:58	17:14	
54	675	Suzanne Quirke	50:02	17:18	
55	642	Amy Dorfling	50:14	17:30	
56	602	Deanna Spatuzzo	50:17	17:33	
57	681	Heather Thompson	50:47	18:03	
58	657	Brid Bowers	50:55	18:11	
59	672	Diane Craighead	51:16	18:32	
60	692	Carol Lear	51:18	18:34	
61	622	Catherine James	51:34	18:50	
62	645	Lucy Bregenhøj	52:03	19:19	
63	667	Amanda Hardie	52:21	19:37	
64	668	Emma Zammit	52:22	19:38	
65	633	Natasha Caristo	52:39	19:55	
66	646	Samantha Hubbard	52:42	19:58	
67	621	Julia Chan	53:25	20:41	
68	608	Ana Paris	53:31	20:47	
69	632	Adriana Zabala	53:37	20:53	
70	628	Marian Barker	53:42	20:58	
71	644	Tess Bregenhøj	54:15	21:31	
72	650	Joy Gigg	55:27	22:43	
73	690	Suzanne Murphy	56:43	23:59	
74	685	Gemma Hawkins	56:45	24:01	
75	639	Ivonne Lienau	58:28	25:44	
76	640	Galina Barrett	1:01:50	29:06	
77	648	Elsa Dias	1:02:43	29:59	
78	647	Danielle Pearce	1:03:19	30:35	

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Female 50-59 : 5 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	780	Sylvia Nichols	39:53		
2	781	Joanne Rogerson	42:36	2:43	
3	777	Helen Butler	46:15	6:22	
4	779	Bernadette Carroll	49:23	9:30	
5	776	Moya Rau	55:18	15:25	

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Female 60-69 : 3 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	791	Renee Reynolds	46:51		
2	792	Rosa Saladino	1:02:55	16:04	
3	793	Jennifer Retford	1:14:04	27:13	