

2024 Sri Chinmoy "Ainslie Amble" Trail Races



Category Finisher List 8.3 km

* RACE PLACES ARE DETERMINED BY GUN TIME*

Cat. Pl.	Name (Bib)	Gun Time	Pace (min/km)	Chip Time
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8.3 km

Male Under 50

1.	Kodi Clarkson (139)	33:35	4:02	33:34
2.	David Fenderson (2543)	36:45	4:25	36:45
3.	Adam Cooper (591)	37:33	4:31	37:33
4.	Felix Koninx (2854)	37:45	4:32	37:42
5.	Simon Davie (2699)	37:50	4:33	37:48
6.	Lachlan Dow (525)	38:15	4:36	38:10
7.	Matthew Zeithofer (2312)	38:28	4:38	38:25
8.	Glen Whitehead (756)	38:40	4:39	38:39
9.	Thomas Naden (2003)	38:45	4:40	38:44
10.	Andrew Gellie (2828)	40:13	4:50	40:12
11.	Timothy Boxsell (2867)	40:15	4:50	40:09
12.	Jack Gooday (2606)	40:26	4:52	40:19
13.	Matthew Groves (2324)	40:50	4:55	40:48
14.	Stephen Onorato (2781)	41:33	5:00	41:30
15.	Thomas Dempster (2194)	42:39	5:08	42:37
16.	Henry Siems (2145)	42:54	5:10	42:51
17.	Jeremy Spindler (2837)	43:22	5:13	43:17
18.	Matt Oneill (2709)	43:34	5:14	43:31
19.	Michael Clarke (2361)	43:52	5:17	43:45
20.	Israel Vaughn (1887)	44:09	5:19	44:07
21.	Liam White (896)	44:14	5:19	44:13
22.	Daniel Harkness (2652)	44:40	5:22	44:31
23.	Jasper Codrington (1042)	44:58	5:24	44:51



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24.	Brendan Codrington (1683)	44:58	5:25	44:51
25.	Michael Abbot (2864)	45:11	5:26	45:08
26.	Andrew Simpson (2795)	45:18	5:27	45:12
27.	Nick Philippa (2845)	45:47	5:30	45:42
28.	Steven Connolly (2866)	46:08	5:33	46:00
29.	Blake Fretwell (2739)	46:39	5:37	46:32
30.	Muhammad Isyraq Zainol Abidin (2869)	47:11	5:40	47:08
31.	Tommy Randall (2686)	47:28	5:43	47:15
32.	Adam Daley (1860)	48:47	5:52	48:45
33.	Rupert Brock (2607)	48:51	5:53	48:48
34.	Paul Coleman (2674)	48:56	5:53	48:29
35.	Jared Spence (2413)	49:13	5:55	48:57
36.	Levi Davies (2127)	49:18	5:56	49:15
37.	Tom Spence (2245)	49:25	5:57	49:19
38.	Nathan Johnson (193)	49:44	5:59	49:35
39.	Daniel Bahmann (2255)	50:04	6:01	49:55
40.	Ciaran Lane (2871)	50:31	6:05	50:22
41.	George Rutherford (2823)	50:33	6:05	50:24
42.	Ben Donnan (2573)	50:40	6:06	50:26
43.	Tom McAnulty (2609)	51:02	6:08	50:36
44.	Kieran Macdonell (2602)	51:41	6:13	51:30
45.	Danuel Rebecca (2698)	52:06	6:16	52:00
46.	Cameron Curry (51)	52:29	6:19	52:23
47.	Samuel Tonna (2824)	53:01	6:23	52:55
48.	Conor Flanner (64)	53:46	6:28	53:32
49.	Hannan Lewsley (2681)	53:46	6:28	53:32



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Cat. Pl.	Name (Bib)	Gun Time	Pace (min/km)	Chip Time
50.	Adrian Cobb (2825)	53:47	6:28	53:34
51.	Adrian Rodgers (2712)	53:51	6:29	53:46
52.	Michael Thwaites (2834)	53:58	6:30	53:34
53.	David Humphrey (838)	54:32	6:34	54:06
54.	David Gloede (2868)	55:03	6:37	54:58
55.	Dan Pedley (2853)	55:21	6:40	55:01
56.	Christopher Rompotis (2603)	55:42	6:42	55:32
57.	Mikkolo Guinto (1976)	1:00:01	7:13	59:43
58.	Petar Tankosic-Gajic (2821)	1:00:17	7:15	1:00:00
59.	Darryn Barnes (2673)	1:01:07	7:21	1:00:37
60.	John Bouloukos (2062)	1:01:24	7:23	1:00:59
61.	Bright Lai (2608)	1:01:46	7:26	1:01:39
62.	Hugh Coppell (1045)	1:01:46	7:26	1:01:21
63.	Brett Burtenshaw (1903)	1:04:17	7:44	1:04:04
64.	Mitchell Biles (2818)	1:04:52	7:48	1:04:20
65.	Finn Houghton (4835)	1:06:06	7:57	1:05:40
66.	Iggy Gavrilovic (2793)	1:08:06	8:12	1:07:47
67.	Noah Codrington (1043)	1:08:21	8:14	1:07:44
68.	Ian Bartholomew (2833)	1:08:48	8:17	1:08:23
69.	Joe Hujs (1101)	1:27:04	10:29	1:26:53

Male 50-59

1.	Aston Duncan (722)	40:18	4:51	40:17
2.	Andrew Dempster (762)	43:20	5:13	43:18
3.	David Tonna (2820)	43:54	5:17	43:49
4.	Ian Naden (1987)	45:21	5:27	45:19
5.	Dan Rosauer (2858)	51:04	6:09	50:48



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Category Finisher List 8.3 km

Cat. Pl.	Name (Bib)	Gun Time	Pace (min/km)	Chip Time
6.	David Rowe (1527)	52:28	6:19	52:09
7.	Zisi Liu (2819)	53:53	6:29	53:29
8.	Brian McNamara (1393)	54:04	6:30	53:57
9.	Glen Tindall (2600)	54:48	6:36	54:21
10.	Scott Lockey (2553)	57:03	6:52	56:54
11.	Richard Woods (2507)	57:28	6:55	57:12
12.	Sandeep Chandra (235)	1:02:54	7:34	1:02:25
13.	Peter Spencer (2545)	1:05:23	7:52	1:04:55
14.	Paul Mahoney (2832)	1:06:29	8:00	1:06:01
15.	John Pickett (2605)	1:08:18	8:13	1:08:03
16.	John Spooner (422)	1:52:16	13:31	1:51:58

Male 60-69

1.	Michael Phillips (2870)	46:07	5:33	46:05
2.	Tim Ricketts (2855)	46:10	5:33	46:05
3.	George O'Kane (1398)	47:42	5:44	47:38
4.	Richard Honey (539)	52:24	6:18	52:16
5.	Andrew Whitecross (2847)	59:15	7:08	58:56
6.	Chris Mill (2341)	1:03:08	7:36	1:02:46
7.	David Ault (55)	1:18:07	9:24	1:17:59

Male 70 and Over

1.	John Kennedy (596)	59:07	7:07	58:40
2.	Peter Allen (209)	1:23:18	10:02	1:22:57
3.	John Harding (114)	2:06:41	15:15	2:06:02

Female Under 50

1.	Jessica Ronan (2872)	38:43	4:39	38:40
2.	Lucie Hood (4240)	40:42	4:54	40:40



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Category Finisher List 8.3 km

Cat. Pl.	Name (Bib)	Gun Time	Pace (min/km)	Chip Time
3.	Sarah King (1717)	40:57	4:55	40:55
4.	Prue Davies (1686)	43:30	5:14	43:27
5.	Beth Davies (1263)	43:38	5:15	43:34
6.	Hannah McClusky (2863)	44:16	5:19	44:00
7.	Frederike Stock (572)	44:44	5:23	44:40
8.	Isla Tobin (2465)	45:24	5:28	45:19
9.	Lena Smertina (2068)	47:30	5:43	47:24
10.	Samantha Isbell (1105)	48:55	5:53	48:30
11.	Jasmine Foxlee (2198)	50:06	6:02	50:03
12.	Maddie Wallace (2595)	50:25	6:04	50:14
13.	Alicia Rutherford (2582)	50:26	6:04	50:20
14.	Jacqui Pham (2175)	51:09	6:09	51:02
15.	Ashleigh Van De Meulengraaf (2281)	51:13	6:10	51:09
16.	Mutsumi Yamazaki (2400)	51:18	6:10	51:06
17.	Ailish Archbold (2859)	53:37	6:27	53:19
18.	Natali Heil Koerbel (2594)	53:52	6:29	53:44
19.	Madeline Gloede (1939)	53:52	6:29	53:48
20.	Wilma Huneke (1260)	53:58	6:30	53:53
21.	Ingrid Cripps (2239)	54:50	6:36	54:33
22.	Mara Nagaki (160)	54:53	6:36	54:33
23.	Bei Hu (2267)	55:49	6:43	55:40
24.	Jennifer Botticchio (276)	55:54	6:44	55:50
25.	Claire Grant (2860)	56:55	6:51	56:43
26.	Lucy Blain (2279)	57:23	6:54	57:07
27.	Kylie Moulds (2401)	57:23	6:54	57:07
28.	Dominique Wood-Ward (2402)	57:58	6:58	57:42



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Cat. Pl.	Name (Bib)	Gun Time	Pace (min/km)	Chip Time
29.	Vanessa Prout (2797)	58:30	7:02	58:11
30.	Mia Jones (1378)	58:39	7:03	58:32
31.	Susan Long (2330)	59:09	7:07	58:59
32.	Samantha Nurse (2589)	59:11	7:07	58:51
33.	Andrea Potter (2588)	59:18	7:08	58:58
34.	Elise Newman Winch (2591)	59:30	7:10	59:18
35.	Bernadette Toohey (2584)	59:56	7:13	59:47
36.	Sasha Brady (2230)	59:59	7:13	59:44
37.	Catherine Prince (2585)	1:00:15	7:15	1:00:00
38.	Lani Shea-An (2579)	1:00:41	7:18	1:00:31
39.	Jacinta Jordan (2844)	1:01:40	7:25	1:01:30
40.	Julie Marks (2597)	1:01:57	7:27	1:01:45
41.	Vivienne Schweizer (1410)	1:02:00	7:28	1:01:35
42.	Ellysha Gillespie (2693)	1:02:00	7:28	1:01:33
43.	Gabrielle Roberts (2687)	1:02:25	7:31	1:02:13
44.	Alexandra Fretwell (2519)	1:02:25	7:31	1:02:13
45.	Erin Thorne (2695)	1:02:25	7:31	1:02:14
46.	Pamela Saunders (2222)	1:02:37	7:32	1:02:22
47.	Melanie Clarke (1972)	1:02:37	7:32	1:02:22
48.	Jenny Chen (4241)	1:02:55	7:34	1:02:45
49.	Rachel Livingston (2277)	1:02:55	7:34	1:02:32
50.	Elizabeth Davin (2835)	1:02:56	7:34	1:02:32
51.	Jen Wheeler (2216)	1:03:08	7:36	1:02:46
52.	Sarah Minion (2829)	1:03:14	7:37	1:02:48
53.	Amy Gardiner (2852)	1:03:24	7:38	1:03:09
54.	Lucy Gramenz (2857)	1:04:44	7:47	1:04:36



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Cat. Pl.	Name (Bib)	Gun Time	Pace (min/km)	Chip Time
55.	Beth Lonergan (2831)	1:06:29	8:00	1:06:01
56.	Amy Duncan (2581)	1:06:42	8:02	1:06:15
57.	Rebecca Moore (2755)	1:06:58	8:04	1:06:34
58.	Kate Astridge (1011)	1:06:59	8:04	1:06:45
59.	Lisa Shakhovskaya (2172)	1:07:13	8:05	1:06:58
60.	Tara Darmody (2593)	1:08:40	8:16	1:08:08
61.	Heather Lane (2668)	1:09:29	8:22	1:09:04
62.	Rachel Houghton (1989)	1:10:01	8:26	1:09:36
63.	Sheryn Ringland (1163)	1:10:43	8:31	1:10:22
64.	Lauren Macdonald (2703)	1:10:49	8:31	1:10:26
65.	Kirsty Watson (2836)	1:11:47	8:38	1:11:23
66.	Louise Roberts (2069)	1:14:22	8:57	1:13:56
67.	Jo Purcell (1649)	1:14:36	8:59	1:14:13
68.	Fiona Swift (2592)	1:17:44	9:21	1:17:29
69.	Lauren Bird (2830)	1:18:38	9:28	1:18:12
70.	Julie Varghese (2108)	1:20:17	9:40	1:19:56
71.	Rose Ledinic (1998)	1:27:03	10:29	1:26:52
72.	Karen Bahmann (2256)	1:33:58	11:19	1:33:28

Female 50-59

1.	Shiree Yap (2331)	48:04	5:47	47:58
2.	Michele Legge (2535)	55:53	6:43	55:34
3.	Natasha Newman (2586)	58:28	7:02	57:56
4.	Carol Hartley (318)	59:21	7:08	59:08
5.	Leanne Haughton (1085)	1:00:08	7:14	59:55
6.	Caroline Hall (1862)	1:00:48	7:19	1:00:32
7.	Qianwen Zhang (2590)	1:01:19	7:23	1:00:54



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Cat. Pl.	Name (Bib)	Gun Time	Pace (min/km)	Chip Time
8.	Sally Druhan (2634)	1:07:32	8:08	1:07:10
9.	Vanessa Craze (1484)	1:13:00	8:47	1:12:49
10.	Maree Burtenshaw (1967)	1:18:33	9:27	1:18:20
11.	Alison Schmidtchen (22)	1:19:05	9:31	1:18:47
12.	Michelle Cochrane (2596)	1:33:27	11:15	1:32:59

Female 60-69

1.	Mira Dumancic (2395)	1:11:16	8:35	1:10:54
2.	Judith Bibo (119)	1:20:17	9:40	1:19:54
3.	Petra Lean (4243)	1:20:46	9:43	1:20:20

Number of records: 182

