

Sri Chinmoy 5 Mile Race

Telopea Park : 14 Jun 2010

56 Runners

Male Under 50 : 5 Laps in Category : 16 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	410	Ben Wisbey	5:42	5:55	5:59	5:49	5:43				29:08	
2	403	Steve Rohan-Jones	6:01	5:47	5:59	6:06	5:58				29:51	0:43
3	417	Ian Dias	5:54	6:04	6:10	6:14	5:55				30:17	1:09
4	418	Keith Cassilles Southgate	5:49	5:56	6:09	6:20	6:12				30:26	1:18
5	402	Gordon McGurk	5:55	6:15	6:21	6:24	6:24				31:19	2:11
6	419	Tom Sharp	7:01	6:29	6:18	6:34	6:33				32:55	3:47
7	412	Matthew Strapp	6:43	6:49	7:02	7:11	6:45				34:30	5:22
8	405	Denis Gray	6:55	7:23	7:38	7:47	7:25				37:08	8:00
9	414	Ian Alder	7:55	8:02	8:03	7:51	7:48				39:39	10:31
10	420	Tony Sheehan	7:58	8:09	7:59	8:06	7:56				40:08	11:00
11	406	Scott Yates	7:24	8:18	8:53	8:29	8:58				42:02	12:54
12	408	David Wirken	8:53	9:26	9:13	9:26	9:08				46:06	16:58
13	413	Nathan Jelks	9:25	9:25	9:56	10:01	10:00				48:47	19:39
14	409	Steven Hoyle	10:34	11:03	11:39	11:27	7:22				52:05	22:57
DNF	416	Callum Garrety	6:45	8:49							DNF	
DNF	404	Andrew Garrety	6:41	8:54							DNF	

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Male 50-59 : 5 Laps in Category : 1 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5			Time	Time Dif
1	541	Gordon Waddington	7:23	7:30	7:47	7:56	7:55			38:31	

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56 Runners

Male 60-69 : 5 Laps in Category : 3 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	574	Paul Archer	6:47	7:00	7:13	7:10	6:53				35:03	
2	571	Eric Hodge	7:16	7:29	7:34	7:23	7:14				36:56	1:53
3	572	Jim White	7:27	7:38	7:46	7:40	7:47				38:18	3:15

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56 Runners

Female Under 50 : 5 Laps in Category : 34 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	629	Natasha Cole	5:50	5:54	6:01	6:00	6:00				29:45	
2	623	Natalie Archer	5:57	6:16	6:20	6:24	6:27				31:24	1:39
3	604	Jane Zeller	6:28	6:42	6:44	6:41	6:37				33:12	3:27
4	601	Carol Masters	7:20	7:29	7:28	7:30	7:34				37:21	7:36
5	622	Linda Gray	6:58	7:31	7:35	7:49	7:38				37:31	7:46
6	613	Fiona Wisbey	7:36	7:31	7:35	7:39	7:29				37:50	8:05
7	640	Lucy McGarva	7:29	7:41	7:39	7:39	7:41				38:09	8:24
8	637	Jules Baggoley	8:05	7:58	7:54	7:47	7:25				39:09	9:24
9	611	Nicole Russell	8:00	7:55	8:01	7:46	7:44				39:26	9:41
10	632	Stephanie Porter	7:49	8:00	8:09	8:04	7:39				39:41	9:56
11	633	Denise Blayden	7:54	8:02	8:12	8:18	8:05				40:31	10:46
12	608	Rachelle Irving	7:44	8:16	8:11	8:41	8:19				41:11	11:26
13	634	Belinda Cook	8:19	8:19	8:21	8:19	7:54				41:12	11:27
14	628	Katja Wickmann	7:53	8:08	8:29	8:32	8:30				41:32	11:47
15	603	Mayumi Takeuchi	7:52	8:28	8:33	8:42	8:08				41:43	11:58
16	615	Annie O'Connor	8:18	8:27	8:22	8:33	8:05				41:45	12:00
17	638	Amanda Joford	7:59	8:22	8:30	8:55	8:21				42:07	12:22
18	610	Allayne Woodford	8:21	8:19	8:24	8:37	8:27				42:08	12:23
19	612	Louise Patton	8:35	8:50	8:55	9:16	8:32				44:08	14:23
20	619	Sandra Bulka	8:38	8:55	9:09	9:21	9:07				45:10	15:25
21	621	Janet Zenonos	8:39	8:56	9:09	9:18	9:10				45:12	15:27
22	639	Jill Wisbey	9:41	9:51	9:55	9:51	9:27				48:45	19:00
23	636	Nicole ter Bogt	9:57	9:39	9:57	10:10	9:16				48:59	19:14
24	618	Rebecca Crawford	10:00	9:37	9:58	10:10	9:31				49:16	19:31

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2 5	605	Sharene Hurnen	9:33	10:19	10:41	9:52	9:48				50:13	20:28	
2 6	609	Deborah Garrety	9:49	10:08	10:09	10:22	10:23				50:51	21:06	
2 7	606	Sue Wirken	9:40	10:10	10:33	10:41	10:42				51:46	22:01	
2 8	635	Elsa Goursolle	9:59	9:41	9:57	11:07	11:20				52:04	22:19	
2 9	625	Ellie Kikolic	9:28	10:27	10:19	11:35	10:30				52:19	22:34	
3 0	630	Kim Scott	10:44	11:36	10:18	10:36	10:38				53:52	24:07	
3 1	616	Danielle Beaudreau	11:19	10:16	11:39	12:03	11:26				56:43	26:58	
3 2	626	Erin Mace	10:50	11:24	11:16	11:45	12:00				57:15	27:30	
3 3	627	Chrissy Duke	10:51	11:24	11:17	11:42	12:01				57:15	27:30	
DNF	631	Cathy Oswald	10:42								DNF		

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Female 50-59 : 5 Laps in Category : 2 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	742	Peta Miller	9:39	9:55	9:55	9:53	9:26				48:48	
2	741	Jennifer Gilchrist	11:11	9:29	10:35	10:48	10:46				52:49	4:01