Outline 1 - 1	E 1/ ma			
Swim 1 : 1	.5KM			
Categor	y Time	Name	Team Name	Team Category
Solo I	Male			
1	25:10	Geoff Breese		
2	25:16	Nigel Doyle		
3	25:43	Jon Schol		
Solo F	- emale			
1	26:35	Sorcha Flett		
Male -	in a Tea	m of 4		
1	24:41	Greg Gourley	4 Renegades and Misfits	T4 Open
2	24:48	Marc Ware	Team Ware 2 Generations	T4 Open
3	25:13	Greg Little	Hakuna Matata	T4 Open
Female	e - in a T	eam of 4		
1	24:34	Sarah Koopmans	Don't worry Be Happy	T4 Mixed
2	26:15	Alina Mcmaster	AROC	T4 Mixed
3	26:27	Felicity McLean	Chim Cheroo	T4 Mixed
Male -	in a Tea	m of 12		
1	21:03	Andrew Dawes	We Perish-er thought - 4Pete	T12 Open
2	24:37	Andrew Tooher	Kingsmen	T12 Open
3	24:58	Andrew Ugarte	Barang B and G	T12 Open
Female	e - in a T	eam of 12		
1	24:56	Georgy Falster	Quangers and Mash	T12 Mixed
2	25:14	Tamara Keogh	Assembled chaos	T12 Mixed
3	25:23	Amy Bainbridge	Thong Distance Athletes	T12 Mixed

ddle 1	: 9Km			
Catego	ry Time	Name	Team Name	Team Catego
Solo	Male			
1	50:10	Michael Brennan		
2	50:56	Dean McMaster		
3	53:28	Nigel Doyle		
Solo	Female			
1	1:00:24	Sorcha Flett		
Male -	in a Tea	m of 4		
1	40:18	Jamie Mccrudden	Bin City	T4 Open
2	42:39	David Griffin	Once Were Intact	T4 Open
3	44:38	Jason Ware	Team Ware 2 Generations	T4 Open
Femal	e - in a T	eam of 4		
1	53:10	Danielle Winslow	Multi-vitamins	T4 Mixed
2	1:04:08	Rachel Venn	Pulled a Quad	T4 Mixed
3	1:11:14	Carol Hartley	Don't worry Be Happy	T4 Mixed
Male -	in a Tea	m of 12		
1	46:23	Andrew Garvie	Knerds	T12 Open
2	48:33	Clint Shinn	Quangers and Mash	T12 Mixed
3	49:32	Kerry Wilson	Kingsmen	T12 Open
Femal	e - in a T	eam of 12		
1	1:00:27	Angie Radford	Assembled chaos	T12 Mixed
2	1:03:52	Mary Ann Kuhl	Rob Burrell Eclecticals	T12 Mixed
3	1:04:31	Emily Stewart-Reed	Resultz Racing	T12 Mixed

n 1 : 6Km				
Category	Time	Name	Team Name	Team Categor
Solo Ma	le			
1	30:01	Michael Brennan		
2	36:13	Geoff Breese		
3	40:14	Jon Schol		
Solo Fe	male			
1	50:17	Sorcha Flett		
Male - in	a Tea	m of 4		
1	25:57	Dave Turner	Hakuna Matata	T4 Open
2	26:32	David Peedom	Once Were Intact	T4 Open
3	26:46	Miles Waring	Geese	T4 Open
Female -	in a T	eam of 4		
1	34:16	Kim Greaves	Don't worry Be Happy	T4 Mixed
2	34:48	Bonnie Prior	Daves BJ's	T4 Mixed
3	35:42	Pieta Smith	Magic 8 ball	T4 Mixed
Male - in	a Tea	m of 12		
1	28:53	Jordan Kelly	Aviator's Beach Club	T12 Open
2	29:19	Michael Reed	Resultz Racing	T12 Mixed
3	31:21	Ben Hams	Kingsmen	T12 Open
Female -	in a T	eam of 12		
1	34:36	Jess Sloane	Team Awesome	T12 Female
2	34:51	Aoihbinn Crimmins	Kaos	T12 Female
3	36:04	Jacqueline Oberg	We Perish-er thought - 4Pete	T12 Open

3 ike 1 : 8	3Km				
Catego	ory	Time	Name	Team Name	Team Category
Solo	Male	е			
	1	34:19	Michael Brennan		
_	2	46:59	Nigel Doyle		
_	3	53:15	Geoff Breese		
Solo	Fem	nale			
_	1	48:20	Sorcha Flett		
Male	- in a	a Tear	n of 4		
	1	29:26	Tristan White	Geese	T4 Open
_	2	31:14	Rohan Essex	Once Were Intact	T4 Open
	3	32:31	Al Boyle	Bin City	T4 Open
Fema	ale - i	in a To	eam of 4		
	1	40:35	Linda Stahlgren	Magic 8 ball	T4 Mixed
	2	46:00	Bonnie Prior	Daves BJ's	T4 Mixed
Male	- in a	a Tear	n of 12		
	1	31:39	Matthew Shadwell	Resultz Racing	T12 Mixed
_	2	32:10	Andrew Oberg	We Perish-er thought - 4Pete	T12 Open
	3	37:38	Michael Quinlan	Cami Jebisi	T12 Mixed
Fema	ale - i	in a To	eam of 12		
	1	32:08	Zoe Cuthbert	Kaos	T12 Female
_	2	47:45	Megan Divett	Thong Distance Athletes	T12 Mixed
_	3	54:30	Catherine Stynes-Garaty	Assembled chaos	T12 Mixed

im 2 : 2.	ōKm			
Category	Time	Name	Team Name	Team Categor
Solo M	ale			
1	39:20	Michael Brennan		
2	53:31	Nigel Doyle		
3	55:12	Geoff Breese		
Solo Fe	emale			
1	1:11:50	Sorcha Flett		
Male - i	n a Tea	m of 4		
1	35:40	David Peedom	Once Were Intact	T4 Open
2	37:53	Brock Neall	Bin City	T4 Open
3	40:12	Josh Campton	Daves BJ's	T4 Mixed
Female	- in a T	eam of 4		
1	35:49	Sharon Crisafi	Geese	T4 Open
2	38:05	Christine Pogue	Team Pogue	T4 Mixed
3	45:00	Sarah Koopmans	Don't worry Be Happy	T4 Mixed
Male - i	n a Tea	m of 12		
1	37:43	Andrew Dawes	We Perish-er thought - 4Pete	T12 Open
2	40:25	Dave Hayes	Aviator's Beach Club	T12 Open
3	41:09	Cameron Ballinger	Cami Jebisi	T12 Mixed
Female	- in a T	eam of 12		
1	45:24	Georgy Falster	Quangers and Mash	T12 Mixed
2	45:41	Suzie Gunning	Knerds	T12 Open
3	49:21	Amy Bainbridge	Thong Distance Athletes	T12 Mixed

Paddle 2 :	5.5Km			
Category	Time	Name	Team Name	Team Category
Solo M	ale			
1	30:23	Michael Brennan		
2	30:43	Nigel Doyle		
3	32:20	Dean McMaster		
Male - i	n a Tea	m of 4		
1	20:29	Jamie Mccrudden	Bin City	T4 Open
2	22:18	David Griffin	Once Were Intact	T4 Open
3	22:22	Garry Reed	Geese	T4 Open
Female	- in a T	eam of 4		
1	28:57	Danielle Winslow	Multi-vitamins	T4 Mixed
2	31:55	Penny Frost	Less Is More	T4 Mixed
3	37:20	Christine Pogue	Team Pogue	T4 Mixed
Male - i	n a Tea	m of 12		
1	24:48	Andrew Garvie	Knerds	T12 Open
2	25:36	Jon King	Kingsmen	T12 Open
3	27:11	Jack Jessen	Aviator's Beach Club	T12 Open
Female	- in a T	eam of 12		
1	31:39	Laura Curran	Resultz Racing	T12 Mixed
2	38:07	Pia Cunningham	Kaos	T12 Female
3	39:33	Vanessa Palmer	Quangers and Mash	T12 Mixed

Bike 2 :	11Kı	n			
Cate	gory	Time	Name	Team Name	Team Category
Sol	o Ma	le			
	1	26:59	Michael Brennan		
	2	36:38	Nigel Doyle		
	3	37:37	Jon Schol		
Mal	e - in	a Tea	m of 4		
	1	21:34	Tristan White	Geese	T4 Open
	2	21:57	Rohan Essex	Once Were Intact	T4 Open
	3	24:55	lan Kennerley	Bin City	T4 Open
Fen	nale -	in a T	eam of 4		
	1	28:35	Linda Stahlgren	Magic 8 ball	T4 Mixed
	2	38:37	Caitlin Oneill	Los Quatro Amigos	T4 Open
	3	40:01	Michelle Grech	Pulled a Quad	T4 Mixed
Mal	e - in	a Tea	m of 12		
	1	23:46	Chris Waring	Knerds	T12 Open
	2	27:17	Mark Stutchbury	We Perish-er thought - 4Pete	T12 Open
	3	27:50	Cameron Godwin	Thong Distance Athletes	T12 Mixed
Fen	nale -	in a T	eam of 12		
	1	29:56	Tara Sutherland	Kaos	T12 Female
	2	37:10	Liz Rankin	Assembled chaos	T12 Mixed
	3	38:55	Vanessa Brockett	Jacob Louise	T12 Mixed

Run 2 :	12.5	Km			
Categ	jory	Time	Name	Team Name	Team Category
Solo) Ma	ale			
	1	1:18:45	Michael Brennan		
	2	1:40:42	Geoff Breese		
	3	1:58:06	Nigel Doyle		
Male	e - ir	n a Tea	m of 4		
	1	1:04:53	Miles Waring	Geese	T4 Open
	2	1:10:38	David Peedom	Once Were Intact	T4 Open
	3	1:11:13	Dave Turner	Hakuna Matata	T4 Open
Fem	ale	- in a T	eam of 4		
	1	1:34:47	Kim Greaves	Don't worry Be Happy	T4 Mixed
	2	1:35:34	Bonnie Prior	Daves BJ's	T4 Mixed
	3	1:37:11	Rachel Venn	Pulled a Quad	T4 Mixed
Male	e - ir	n a Tea	m of 12		
	1	1:13:26	Bernardo Palma	Quangers and Mash	T12 Mixed
	2	1:14:03	Matthew Shadwell	Resultz Racing	T12 Mixed
	3	1:16:33	Kerry Baxter	We Perish-er thought - 4Pete	T12 Open
Fem	ale	- in a T	eam of 12		
	1	1:21:25	Ella Cuthbert	Kaos	T12 Female
	2	1:29:49	Tamara Keogh	Assembled chaos	T12 Mixed
	3	1:33:05	Tamsin Thomas	Team Downer	T12 Open

Bike 3 :	42.8	3Km			
Categ	ory	Time	Name	Team Name	Team Category
Solo	Ма	ale			
	1	2:29:31	Michael Brennan		
	2	3:05:12	Geoff Breese		
	3	3:24:27	Dean McMaster		
Male	- ir	n a Tea	m of 4		
	1	1:59:21	Tristan White	Geese	T4 Open
-	2	2:03:45	Rohan Essex	Once Were Intact	T4 Open
	3	2:08:12	Harrison Ware	Team Ware 2 Generations	T4 Open
Fem	ale	- in a T	eam of 4		
	1	2:43:23	Alina McMaster	AROC	T4 Mixed
	2	2:50:01	Kylie Smyth	Less Is More	T4 Mixed
	3	3:00:48	Carol Hartley	Don't worry Be Happy	T4 Mixed
Male	- ir	n a Tea	m of 12		
	1	2:02:59	Robert Mudford	Resultz Racing	T12 Mixed
	2	2:07:47	Andrew Oberg	We Perish-er thought - 4Pete	T12 Open
	3	2:11:34	Stuart Diver	Jacob Louise	T12 Mixed
Fem	ale	- in a T	eam of 12		
	1	2:11:07	Zoe Cuthbert	Kaos	T12 Female
-	2	2:27:07	Penny Burrell	Rob Burrell Eclecticals	T12 Mixed

Swim 3	: 1.2	(m			
Categ	jory	Time	Name	Team Name	Team Category
Solo	Mal	e			
	1	21:52	Michael Brennan		
	2	30:31	Geoff Breese		
	3	31:08	Nigel Doyle		
Male	e - in	a Tea	m of 4		
	1	18:18	Brock Neall	Bin City	T4 Open
	2	19:37	Andrew Griffin	Once Were Intact	T4 Open
	3	22:03	Steve Carter	4 Renegades and Misfits	T4 Open
Fem	ale -	in a T	eam of 4		
	1	17:15	Sharon Crisafi	Geese	T4 Open
	2	18:31	Christine Pogue	Team Pogue	T4 Mixed
	3	22:15	Bonnie Prior	Daves BJ's	T4 Mixed
Male	e - in	a Tea	m of 12		
	1	19:50	Cameron Ballinger	Cami Jebisi	T12 Mixed
	2	20:15	Dave Hayes	Aviator's Beach Club	T12 Open
	3	20:25	Andrew Tooher	Kingsmen	T12 Open
Fem	Female - in a Team of 12				
	1	21:47	Georgy Falster	Quangers and Mash	T12 Mixed
	2	22:29	Suzie Gunning	Knerds	T12 Open
	3	22:53	Michelle Pavey	Jacob Louise	T12 Mixed

Paddle 3 : 9	.5Km					
Category	Time	Name	Team Name	Team Category		
Solo Ma	le					
1	1:05:09	Michael Brennan				
2	1:05:30	Nigel Doyle				
3	1:06:05	Geoff Breese				
Male - in	a Tea	n of 4				
1	44:55	David Griffin	Once Were Intact	T4 Open		
2	48:00	Jason Ware	Team Ware 2 Generations	T4 Open		
3	48:16	Garry Reed	Geese	T4 Open		
Female -	in a T	eam of 4				
1	56:02	Danielle Winslow	Multi-vitamins	T4 Mixed		
2	1:48:00	Michelle Grech	Pulled a Quad	T4 Mixed		
Male - in	a Tea	m of 12				
1	52:31	Andrew Garvie	Knerds	T12 Open		
2	53:47	Andrew Dawes	We Perish-er thought - 4Pete	T12 Open		
3	55:28	Kerry Wilson	Kingsmen	T12 Open		
Female -	Female - in a Team of 12					
1	1:09:01	Angie Radford	Assembled chaos	T12 Mixed		
2	1:14:11	Tara Sutherland	Kaos	T12 Female		
3	1:15:12	Judy Hansen	Girl Guides Ku ring gai	T12 Female		

Run 3 : 5Km					
Category	Time	Name	Team Name	Team Category	
Solo Ma	le				
1	23:12	Michael Brennan			
2	31:25	Geoff Breese			
3	39:25	Dean McMaster			
Male - in	a Tea	m of 4			
1	18:27	Miles Waring	Geese	T4 Open	
2	20:39	Dave Turner	Hakuna Matata	T4 Open	
3	22:07	Andre Camilleri	Pulled a Quad	T4 Mixed	
Female -	in a T	eam of 4			
1	23:33	Pieta Smith	Magic 8 ball	T4 Mixed	
2	24:06	Louise Sartore	Multi-vitamins	T4 Mixed	
3	24:59	Kim Greaves	Don't worry Be Happy	T4 Mixed	
Male - in	a Tea	m of 12			
1	20:24	Andrew Widdup	Rob Burrell Eclecticals	T12 Mixed	
2	20:37	Jordan Kelly	Aviator's Beach Club	T12 Open	
3	21:46	Andrew Oberg	We Perish-er thought - 4Pete	T12 Open	
Female -	Female - in a Team of 12				
1	21:36	Ella Cuthbert	Kaos	T12 Female	
2	25:01	Laura Curren	Resultz Racing	T12 Mixed	
3	25:23	Tamara Keogh	Assembled chaos	T12 Mixed	